

Event No. 1

## Self- Defence Workshop

On 14 March 2022, the college NSS unit conducted a Self- defence workshop in association with the Women Empowerment Cell and the IQAC.

The aim was to empower students, especially girl students, through a workshop which showcased live self- defence skills.

360 Degree Sports, a pioneer in this field, provided the personnel for this workshop.

The students, both boys and girls, responded with enthusiasm.





14.03.2022 12:59  
22.52526, 88.34589  
92, Shyama Prasad Mukherjee Rd, Jatindas Park, Patuapara,  
Bhowanipore, Kolkata, West Bengal 700025



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