

Title of the event: HEALTH AWARENESS CAMP AT TENTULTALA.

Theme of the event:

ACADEMICSESSION: 2023-24

DATE: 9th December 2023.

Objectives/ Purpose:

- 1) Setting the foundation for a continuing healthcare programme in settlements near our 2nd (Bhasa) campus.
- 2) Mapping the prevalent health patterns in the field area of our camp

TARGET AUDIENCE: All adults in Tentulberia, the area covered in our outreach programme. The area is neither village nor city, but something in between - a mofussil

BRIEF REPORT ABOUT THE PROGRAMME:

There was a great deal of preparatory work for this health camp. Medical equipment and diagnostic kits had to be procured and kept ready in the college premises. A paramedical team was also formed for the camp. At Tentulberia a local club was co-opted into the project. Their members handled everything from the setting up of a large tent to the generation of the publicity necessary for such a camp.

NSS team members, paramedical staff and our student volunteers participated in the programme. The health check- up comprised 4 segments: Blood pressure recordings, SPO2 readings, Random blood sugar readings and ECGs. All material, including provisions for 100 sugar sample tests and 100 ECGs, was readied the previous day and ferried to the site on 10th morning. A local club had been contacted to take care of arrangements on the ground. The ECG readings, which came last, were declined by some participants for personal reasons. This was not a problem as the majority of the participants went ahead with the ECG.

The camp was fully functional by 12 noon and it was wound up around 4- 30 pm. It was found that the participants generally displayed better health than their city counterparts of the same age. However, many displayed higher blood pressure readings than expected. Among the women, problems like gas and hyperacidity were common, owing perhaps to their work routines which did not allow much time for regular meals.

It should be noted that all participants were adults. There were no children at the camp.

EXPECTED OUTCOMES:

The participants were counseled about healthy practices, like walking and yoga, and it is expected that a healthier lifestyle will be adopted by them

This awareness will become transformative if we hold more such camps in future.



Geo-tag photos:





 **GPS Map Camera**

Kolkata, West Bengal, India

26, Basanta Bose Rd, near Ashutosh College, Jatin Das Park, Patuapara, Bhowanipore, Kolkata,
West Bengal 700026, India

Lat 22.52518°

Long 88.345964°

09/12/23 12:25 PM GMT +05:30





 **GPS Map Camera**

Kolkata, West Bengal, India

26, Basanta Bose Rd, near Ashutosh College, Jatin Das Park, Patuapara, Bhowanipore, Kolkata,
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 **GPS Map Camera**



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Lat 22.52518°
Long 88.345964°
09/12/23 12:27 PM GMT +05:30



ASUTOSH COLLEGE

92, S.P. MUKHERJEE ROAD, KOLKATA - 26

HEALTH CHECK-UP CAMP

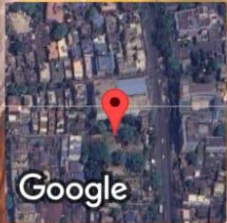
GPS Map Camera

Organised By
WELFARE UNIT, ASUTOSH COLLEGE
26, Basanta Bose Rd, near Ashutosh College, Jatin Das Park, Patuapara, Bhowanipore, Kolkata,
West Bengal 700026, India
IOAC, ASUTOSH COLLEGE
Venue: Dakshin Kazirhut, Tentultala
9 DECEMBER, 2023
Lat 22.52518°
Long 88.345964°
09/12/23 12:34 PM GMT +05:30

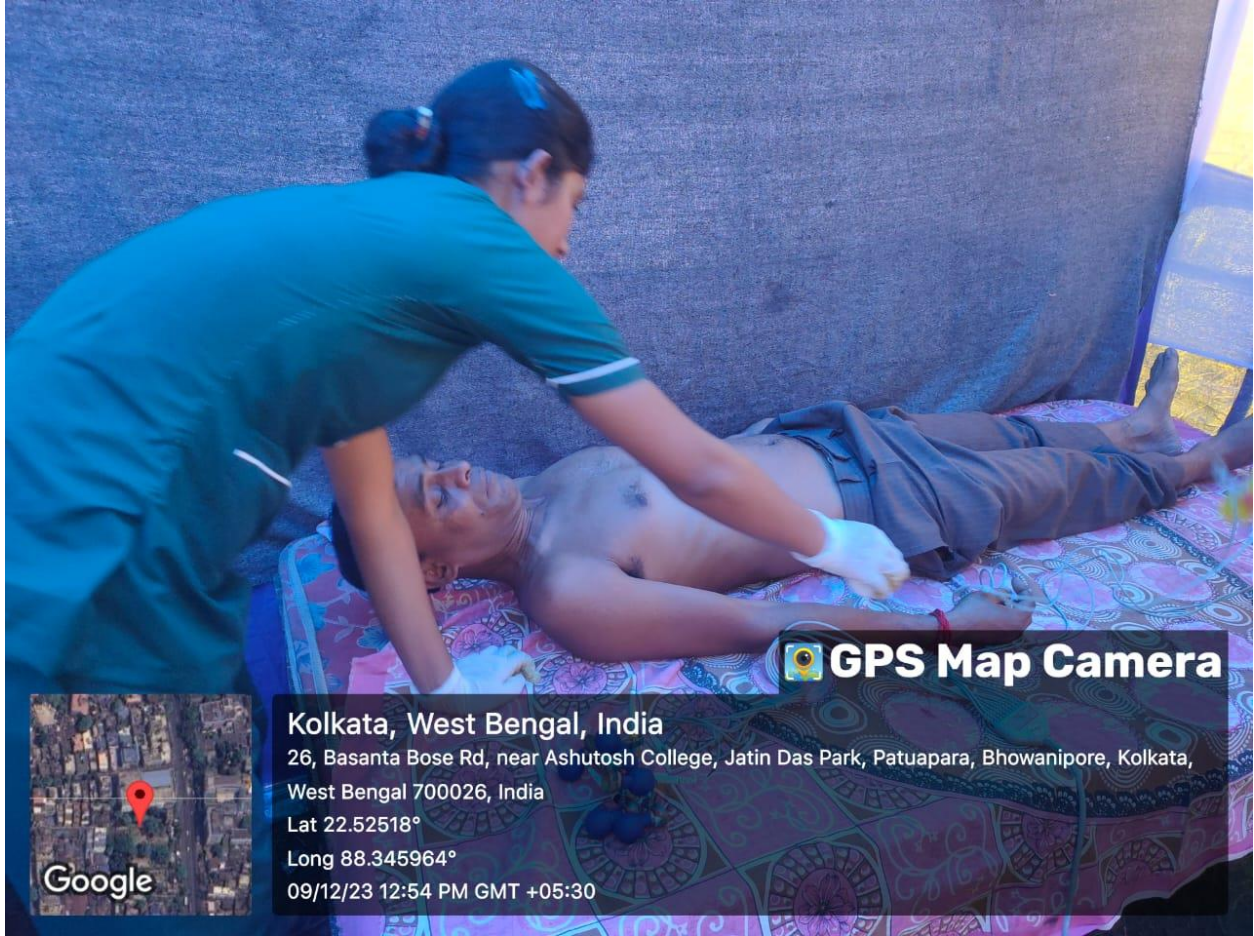




 **GPS Map Camera**



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26, Basanta Bose Rd, near Ashutosh College, Jatin Das Park, Patuapara, Bhowanipore, Kolkata,
West Bengal 700026, India
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 **GPS Map Camera**



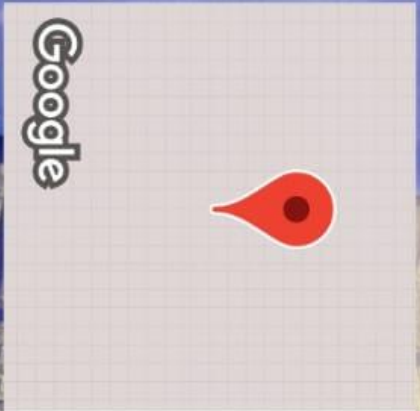
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26, Basanta Bose Rd, near Ashutosh College, Jatin Das Park, Patuapara, Bhowanipore, Kolkata,
West Bengal 700026, India

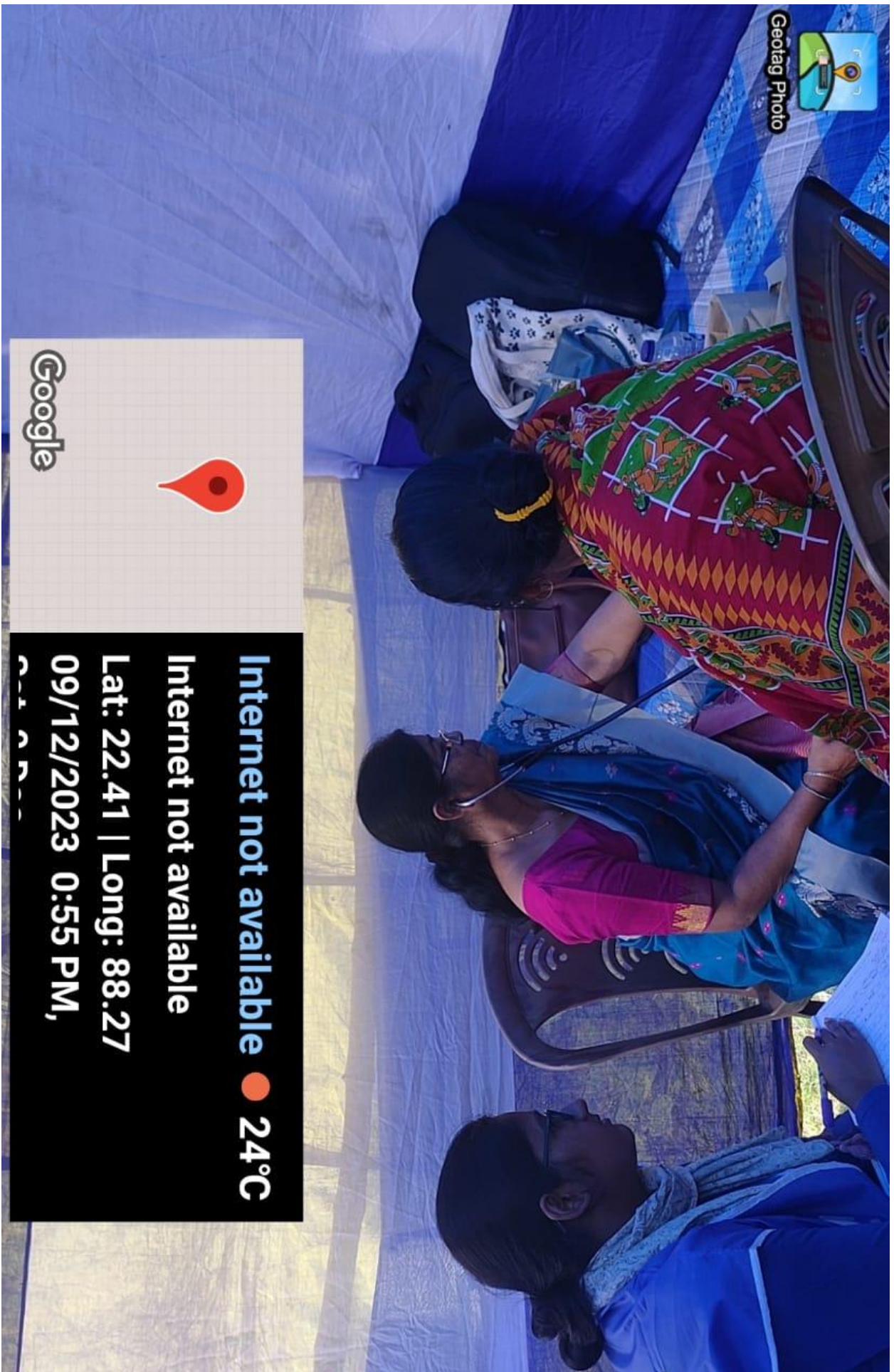
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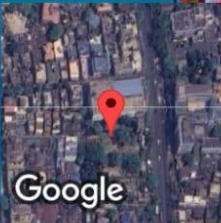


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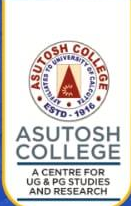
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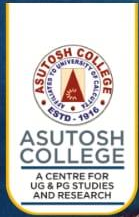
Kolkata, West Bengal, India
26, Basanta Bose Rd, near Ashutosh College, Jatin Das Park, Patuapara, Bhowanipore, Kolkata,
West Bengal 700026, India
Lat 22.52518°
Long 88.345964°
09/12/23 01:26 PM GMT +05:30



Asutosh College NSS
Health Check Up
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Altitude: -64m
Unnamed, C749+GGX, Naurbad, Dakshin Kazirhat 743503



Asutosh College NSS
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C749+GGX, Naurbad, Dakshin Kazirhat 743503



Asutosh College NSS
Health Check Up
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C749+GGX, Naurbad, Dakshin Kazirhat 743503



 **GPS Map Camera**

Dakshin Kazirhat, West Bengal, India
C749+GGX, Naurbad, Dakshin Kazirhat, West Bengal 743503, India
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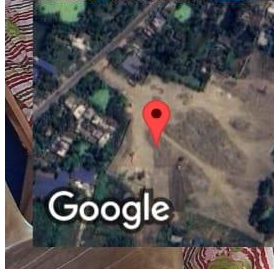


Google



 **GPS Map Camera**

Samali, West Bengal, India
C784+595, Naurbad, Samali, West Bengal 700104, India
Lat 22.415513°
Long 88.256917°
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