

**Date:** 24th March, 2023

**Venue:** Seminar Hall, Centenary Building, Asutosh College, Kolkata

**Title of the event:** Fight with a strong mindset # Lets Defeat Cancer: Cancer Awareness Program

**Organizing Committee:** Asutosh College NSS Unit and Health Care Unit in association with IQAC, Asutosh College

**Speaker details:**

**Dr. Shyamsundar Mandal**, Ph. D. (Statistics)

Former-HOD, Department of Epidemiology & Biostatistics. Chittaranjan National Cancer Institute (CNCI), Kolkata

Ph. D. (Statistics, BHU), MPS (IIPS, Mumbai, UN & MoHFW-GoI)

Epidemiology (IARC, WHO), Computer Application (ISI, Kolkata)

PG Program in Data Science & Business Analytics (PGP-DSBA; University of Texas)

**Dr. Sankar Kumar Nath**

MBBS, DMRT (Oncology), Calcutta University, Kolkata

Ex-Senior Oncologist of Calcutta Medical College, Bankura Sammilani Medical College and R.G.Kar Medical College,

Ex-Senior Oncologist of Calcutta Medical College, Bankura Sammilani Medical College and R. G. Kar Medical College.

Medical Science Secretary of The Asiatic Society

**Summary of the event:**

Asutosh college NSS unit along with health unit organised a cancer awareness programme on 24th March, 2023 at Asutosh College Centenary Building. Two esteemed speakers were invited to this programme. Dr. Shyamsundar Mandal and Dr. Sankar Kumar Nath are renowned medical professionals and experts in public health issues. The programme was chaired by Prof. Apurba Roy, Vice-Principal of Asutosh College and Dr. Sajal Bhattacharyya, Convenor of Post Graduate Studies and Research Committee, Asutosh College. The programme was convened by Dr. Saswati De Mandal, Jt. Convenor of Health Care Unit, Asutosh College. All members of the

health unit and NSS along with several faculty members and students participated in this programme.

The lectures given by both the medical experts enriched us with much needed knowledge and information about the deadly disease- cancer. Dr. Mandal spoke about the evolution and limitation of cancer treatment in India. He talked about the various strategies implemented by the government of both centre and state to increase infrastructural capacity in fight against cancer. He also reiterated the need for public consciousness and awareness. Dr. Nath spoke about relation between our connection of food and cancer. He showed us through various pictures and slides the types of food and edible element that can cause cancer. He spoke a great length about the facade of junk food and its impact on our health and also enlightened us about what should we eat to avoid the disease cancer. Both the speakers focused on the necessity for collective awareness about this disease. Both the speeches left us with many never known before information that has the capability to prevent and treat cancer at an early stage.

The Health Care Unit is grateful to the Vice Principal Prof. Apurba Roy and Bursar Dr. Manas Kabi for their support in our endeavour. The Health Care Unit also extends its gratitude towards the speakers and all the participants.

## Photo Gallery

**ASUTOSH COLLEGE**  
92, S.P.MUKHERJEE ROAD, KOLKATA - 26

**FIGHT WITH A STRONG MINDSET**

#LetsDefeatCancer

**CANCER AWARENESS PROGRAMME**

Organized by  
**NSS UNIT & HEALTH CARE UNIT, ASUTOSH COLLEGE**  
in association with  
**IQAC, ASUTOSH COLLEGE**

**24th March, 2023**  
**1 P.M. to 3 P.M.**  
**Venue: Centenary Building, Asutosh College**

**TOPIC- ASSESMENT OF RISK FACTORS OF CANCERS AND CANCER AWARENESS**  
**DR. SYAMSUNDAR MONDAL**  
Former HOD  
Department of Epidemiology & Biostatistics  
CNCI, Kolkata

**TOPIC- FOOD HABIT AND CANCER PREVENTION**  
**DR. SANKAR KUMAR NATH**  
Ex-Senior Oncologist  
Calcutta Medical College

