

**2020**

**PSYCHOLOGY — HONOURS — PRACTICAL**

**Paper : DSE-A-1P**

**(Positive Psychology)**

**Full Marks : 30**

*The figures in the margin indicate full marks.*

*Candidates are required to give their answers in their own words  
as far as practicable.*

Answer **all** questions (word limit **150**).

1. Define well-being. What are the components of well-being? How is well-being related to happiness and satisfaction with life experiences? 10
  2. Give a detailed description of the PG1 well-being measure and state its standard method of administration. 10
  3. Discuss the perspectives of well-being in the Indian context and state the instructions of the PG1 well-being measure. 10
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